



CAN AM INGREDIENTS, INC.

“Your Full Service Industrial Ingredients Supplier”

SOY FLOUR Typical Product Nutritional Information

Average values per 100g	Unit	EU	US	Japan
Energy (kcal)	Kcal	327	299	297
Calories from Fat	kcal		18	
Energy (kJ)	kJ	1377	1266	1257
Protein	g	51	51	51
Carbohydrates	g	35	35	35
- of which sugars	g	8	8	8
- of which dietary fibre	g	18	18	18
soluble fibre	g	2	2	2
Insoluble fibre	g	16	16	16
Total Fat	g	2	2	2
- of which saturated	g	0.5	0.5	0.5
- of which mono unsaturated	g	0.3	0.3	0.3
- of which poly unsaturated	g	1.2	1.2	1.2
- of which Trans Fat	g	0.02	0.02	0.02
Cholesterol	mg	0	0	0
Sodium	mg	5	5	5
Calcium	mg	300	300	300
Iron	mg	7	7	7
Vitamin A	IU	0	0	0
Vitamin C	mg	0	0	0
Water	g	5.6	5.6	5.6
Ash	g	6.4	6.4	6.4